

Muslin bags

Use organic muslin bags for buying produce and storing it in refrigerator crisper drawers.

Muslin bags breath, allowing ethylene gas to escape, and thereby discourage rotting.

Spray greens (lettuce, basil, green beans, etc.) with water for humidity and place back into the bag. The moist bag will keep them from wilting and drying out quickly.

Store veggies and fruit with thick skins (ie. cucumbers, zucchini, oranges, apples) in a dry muslin bag.

Beeswax Wraps

Need: Cotton fabric cut in squares with pinking shears; USDA organic white beeswax pellets (Amazon); old cookie sheet and small paintbrush, coat hanger and 2 clothespins (dedicated to making wraps going forward).

1. Heat oven to 185 F.
2. Place fabric on cookie sheet, sprinkle with 0.5 - 1 oz beeswax pellets, according to size (8 – 11 inch squares).
3. Heat 5 min, or until all wax has melted. Turn upside down and use brush to ensure all areas are coated.
4. Hang up with clothes hanger/clothespins. Dries in 5 min.

HOUSEHOLD CLEANERS

Use powder laundry detergent - Tide available at Shaws. (Add to Washer/Start filling with some hot water/mix to dissolve powder / switch to cold water then wash as usual)

For DIY recipes below, Heinz white vinegar is available in 32 oz glass bottles \$2 at Daves (RI)

	Water	Vinegar	Baking Soda	Borax	Dawn	Dr.Bronners Sals Suds	Dr. Bronners Castile Soap	
Glass etc cleaner	1 part	1 part						Mix/ store in spray bottle
Tub Soap Scum Cleaner		1 part			1 part			Mix/ store in spray bottle
Toilet Cleaner		Spray on; Wait 5 min	Then Sprinkle on & scrub					
Shower Cleaner		Straight						
Dishwasher Detergent			½ T	½ T				Per load
Dishwater Rinse		1 T						Per load
Dish Detergent	16 oz					¼ cup		Mix in squirt bottle
All purpose Cleaner	20 oz					2 tsp		Mix/ store in spray bottle
Foaming Hand Soap	6 oz						2 T	Mix in foaming dispenser

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